

AL-ANON INFORMATION SERVICE OFFICE

Edgewater Building 3, Suite 129
3801 NW 63rd Street
Oklahoma City, OK 73116-1930

Phone: (405) 767-9071 (24/7)

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Web Site: www.okcalanon.org

OFFICE HRS:

Mon. Wed. and Fri. 10:30 am – 5:30 pm

AA office: (405) 524-1100 (24/7)

March 2010

When your Al-Anon Information Service Office (A.I.S.) lists an Al-Anon Family Group (AFG), at their request, there is an informal agreement that the group will abide by Al-Anon Traditions and keep its door open to any Al-Anon member. Listing in this directory does not constitute approval of any groups' manner of practicing the Al-Anon program. If the group is not functioning according to Al-Anon principles or is not right for you, we apologize; please do not give up on Al-Anon. Please try another group. Help and hope is available in Al-Anon, ALATEEN, Preteen & Al-Anon Adult Children.

MEETING DIRECTORY

CAPITOL HILL CLUB, 4505 S May, 681-0647

Wednesday 8:00 p.m.

EDMOND CLUBHOUSE - (Non-Smoking)
behind Reid Printing, north of 33 in plain white bldg.
3130 B South Boulevard ph # - 330-1160

Monday 12:00 noon
Monday 6:30 p.m.
PRETEEN - ALATEEN
Monday 7:40 p.m.
(1st Mon. of month – *OPEN)
Tuesday 7:00 p.m.
Wednesday 6:45 p.m. **BEGINNERS**
Thursday 5:30 p.m.
SPEAKER – 3rd Thurs.
Saturday 9:30 a.m. and 11:00 a.m.
Sunday 5:30 p.m. **SPEAKER** last Sun.
(Al-Anon Adult Children of Alcoholics)

All Meetings are closed unless designated as open

Open Meetings are for professionals, students, and anyone. Closed Meetings are for any one affected by someone else's drinking.

KELLEY CLUB

2300 N. Kelley 424-2412
Wednesday 1:30 p.m.

LIVE AND LET LIVE CLUB (Gay/Lesbian/others)

3405 North Villa, 947-3834
Tuesday 6:45 p.m. (Non-smoking)

MAY CLUB, (Non-Smoking)

Casady Square-Britton & Penn 9244 N. Penn,
same corner as Neighborhood Wal-Mart

Mon., Tues., Thurs. 12:00 Noon
Friday 12:00 Noon **WOMEN'S**
Monday 8:00 p.m.
Tues, Thurs & Fri. 7:00 a.m.
Wednesday 2:00 p.m. * **OPEN**
Friday 8:00 p.m. **BEGINNER'S**
Saturday 5:30 p.m.
Sunday 11:00 a.m.
Sunday 5:30 p.m.

ROUNDTABLE, 3070 North Portland, 947-1900
In middle of Will Roger's Shopping Center-"Roundtable
above front door

Monday thru Friday 5:30 PM **SMOKING**
Sunday 6:15 p.m. (Non-smoking)

WESTERN CLUB, (Non-smoking) 5207 N Western
1 story brown bldg next to parking on corner-843-4630

Sunday 10:00 a.m. (Non-smoking)
Monday 10:30 a.m.
Monday 12:00 noon **MEN'S**
Monday 5:30 p.m.
Tuesday 5:30 p.m. **MEN'S**
Tuesday 8:00 p.m.
Wednesday (Open) 10:00 a.m. **WOMEN'S**
Wednesday 8:00 p.m.
Thursday (Open) 8:00 p.m. **BEGINNERS**
Friday 12:00 noon **MEN'S**

NORTHWEST OKLAHOMA CITY

SUNDAY

7:00 p.m. All Souls Episcopal Church 6400 N. Penn.
Open

MONDAY

10:00 a.m. Western Oaks Christian Church, **Bethany**.
8100 NW 23rd (near Council Rd) ***OPEN**
10:30 a.m. Our Lord's Lutheran Church-
2900 W Hefner
12 Noon St. Luke's Methodist Church,
222 NW 15th St. Meets on Tues. if Mon. is a
holiday.***OPEN**
6:00 p.m. 6910 NW 41 **Bethany** (NON-SMOKING)
Yellow Brick – corner of Beaver & NW 41
7:00 p.m. Christ the King Church - 8005 Dorset

TUESDAY

5:45 p.m. Crossings Community Church,
14600 N. Portland. In the Pavilion –
Building behind the Church

WEDNESDAY

12 Noon Referral Center **MEN'S *OPEN**
1215 NW 25th Street (NONSMOKING)
12:10 p.m. St. Paul's Episcopal Church,
7th & Robinson – Parlor (upstairs) – 50 min.
5:30 p.m. United Methodist Church of the Servant,
14343 N. MacArthur, Rm 12 -
(with **SITTER- ages 10**
& under) call ahead for sitter 728-4745

THURSDAY

8:00 p.m. St. Stephen's Presbyterian Church
2424 NW 50th & Villa
7:00 p.m. 6910 NW 41 **Bethany** (Non-smoking)
Yellow Brick – corner of Beaver & NW 41
1st Thurs. of month the meeting is ***OPEN**

SATURDAY

9:00 a.m. Our Lord's Community Church
11400 N Portland {with **SITTER**}
10:15 a.m. Our Lord's Community Church
11400 N Portland {with **SITTER**}
12 Noon Grace United Methodist Church,
6316 N. Tulsa. East door – **WOMEN'S**
12 Noon Grace United Methodist Church,
6316 N. Tulsa East door – **ALATEEN**
SPANISH AL-ANON
Grupo Serenidad CLUBHOUSE-5840 NW 50th
Monday 6:00 – 8:00 pm
Thursday 6:30 - 8:00 pm

SOUTHWEST OKLAHOMA CITY

MONDAY

9:30 – 11 am South Side Serenity, 2230 SW 74th
S. of I-240 Service Rd & Penn

TUESDAY

7:00 p.m. Oakcrest Church of Christ,
1111 SW 89th. west entrance, Rm 104

THURSDAY

1:30 p.m. South Side Serenity,
2230 SW 74th ***OPEN**. S. of I-240
Service Rd & Penn

SATURDAY

11:30 am South Side Serenity, 2230 SW 74th
S. of I-240 Service Rd & Penn

OUTLYING AREAS

ADA

8:00 PM Monday & Thursday -
Highway 1 East Arlington
8:00 PM Friday - St. Luke's Episcopal Church –
110 E 17th N.E. Corner of 17th & Brdwy,
Upstairs (Non-smoking) ***OPEN**

ALTUS

6:00 PM Tuesday 315 N. Crain
10:00 AM Saturday, 315 N. Crain

ALVA

8:00 PM Wednesday – 402 ½ 4th Street

ARDMORE

8:00 PM Tuesday - The Glen, 935 Grand Ave.
7:00 PM Thursday - The Glen, 935 Grand Ave.
12 Noon Friday - The Glen, 935 Grand Ave.
5:30 PM Wednesday - The Glen, 935 Grand
10:00 AM Wednesday - 62 Broadlawn
5:30 PM Friday - 62 Broadlawn

BUFFALO

8:00 p.m. Tuesday
Methodist Church, 223 S.E. 2nd St

CANTON

7:00 p.m. Tuesday – 601 N. Broadway

CHICKASHA

8:00 p.m. Tuesday. St. Luke's Episcopal Church
124 S 6th Street & Kansas

CHOCTAW

7:30 p.m. Monday Choctaw Church of the
Nazarene, 10th & Harper

CLINTON
12 Noon Mon. & Wed. 1001 Frisco Avenue
1st United Methodist Church. Office
doors east of Courtyard
8 p.m. Monday- 1st Christian Church, 111 S.
28th St. Library, South entrance

COALGATE
8:00 pm Monday & Wednesday
St. Peter's Episcopal Church

DUNCAN
806 W. Chestnut
7:00 p.m. Mon. & Wed.
10:00 a.m. Wednesday

EL RENO
506 South Barker [near Episcopal Church]
12 Noon Monday
8:00 p.m. Tuesday
12 Noon Wednesday
8:00 p.m. Thursday (Non-smoking)
12 Noon Friday

ELK CITY
Presbyterian Church - 217 N. Washington Ave.
7:00 PM Monday

ENID
Serenity House, 305 W Cherokee
8:00 p.m. Monday **WOMEN**
12 Noon Thursday
7:00 p.m. Mon. & Thurs. 321-A West Cherokee
(back entrance)

ERICK
(Fellowship Hall), 320 S. Magnolia
Monday – 8:00 PM United Methodist Church

EUFAULA
8:00 p.m. Tues. & Thurs. Noon, Tues.
Community Center

GEARY
7:00 PM Tuesday - S.W. 1st at Galena
(All Tribes Community Church)

GUTHRIE
5:30 PM Thursday - 89ers Clubhouse
Division and Prairie Grove

HOBART
8:00 PM Wednesday.
Hobart Housing Authority (4th & Lincoln)

LAWTON
1st Pres. Church 1302 SW A Ave. -
8:00 p.m. Sun,Tues, Thurs
12 Noon Wednesday
Southwestern Hospital Cancer Center 5602 SW Lee
7:00 p.m. Friday
Unity 2204 W Gore
7:00 p.m. Tuesday

LINDSAY
8:00 p.m. Tuesday & Thursday - Episcopal
Church

LUTHER
5:30 p.m. Thursday . Contact Ada 684-6773 for
directions - Birch & 8th.

McALESTER
His Place Christian Community Center, Hwy 270 just
east of Hwy 69 bypass – Take East Hwy 31 exit
12 Noon Monday
7:00 – 8:30 pm Tuesday
12 Noon Thursday

MIDWEST CITY
Midwest Blvd. Christian Church, 320 N. Midwest Blvd.
(Behind the Sanctuary)
5:30 p.m. Sunday

MOORE
Tri-City Club, 115 SE 1st, 793-8005 **Non-Smoking**
Tuesday 8:00 p.m
Thursday 6:30 p.m. ***OPEN**
Sunday 7:00 p.m.

NEWCASTLE
Disciple Christian Church (Hwy 76 & 37 at the stop
light)
Monday 7:30 PM

NOBLE
Nazarene Church – 4201 Maguire Road
Thursday – 6:30 pm

NORMAN
Phoenix Clubhouse, 227 West Main
Sunday through Wednesday - 8:00 p.m. ***OPEN**
Memorial Presbyterian Church, 601 SW 24th St.
Thursday 6:00 p.m. (NON-SMOKING)
St. Stephen's United Methodist
1801 W. Brooks, Room 11
Monday 8:00 p.m. ***OPEN**
McFarlin Church, 419 South University, Room 228
Wednesday 8:00 p.m
St. John's Episcopal Ch., 235 W Duffy,
Mon & Fri NOON Serenity Group
No Expectations, 1005 N. Flood, Bldg B
Sat. & Sun. 6:00 pm
SUN-UP ALATEEN 1495 E. Alameda
Monday 8:00 p.m.

PAULS VALLEY
First Christian Church – Thursday 8PM

PERRY
Clubhouse,1703 West Fir Street - Monday, 6:30 p.m.
call before going to the meeting – 336-3167

PONCA CITY
Woodlands Christian Church, 1400 E. Hartford,
upstairs
Tuesday, 8:00 pm Rm 206
Harmony House, 212 S. 3rd, Mon. 7 pm, Wed. 8 pm
(upstairs)
Mon. 7pm **ALATEEN**

RED ROCK
Otoe-Missouri Tribal Complex, 8151 Hwy 177- Mon. 7
pm

SHAWNEE
Free Life Clubhouse, 1827 N. Airport Drive,
Monday 6:00 p.m.
Big Book Clubhouse 402 East Highland (NON-
SMOKING
Tuesday 6:00 p.m.
Thursday 6:00 p.m.
Saturday 1:00 p.m.
Shawnee Fellowship, 302 E. Independence, Tues,8
pm **(SITTER)**

SPENCER
Tinker Fellowship Club 4112 Chester - NON-
SMOKING (1/4 mi. north of NE 36th between
Douglas & Post) Tuesday 1 - 2:30 p.m.

STILLWATER
Sleepy Hollow 2106 W. 12 St. (basement)
Monday, Wednesday, Friday 12:00 noon
Tuesday & Friday, 8:00 p.m.
United Methodist Church, 400 W. 7th Street
Monday, Wednesday & Friday, 12:00 noon
Presbyterian Church, 6th & Duncan, Monday 8:00 pm

STROUD
T.C. Winery - 1521 N HWY 99
Wednesday 6:00 PM

TECUMSEH
Broadway Methodist Church 302 S. Broadway
Thursday 7:00 PM

TUTTLE
412 E. Bond Street, Community Building
Tuesday 8:00 p.m.

WAURIKA
AA Club House, 437 E. C - Tuesday, 8:00

WEATHERFORD
934 W. Main – Tuesday & Thursday, 8:00 p.m.

WILBURTON
Presbyterian Church, NE 1st & E. Blair, Tue., 8:00 p.m.

WOODWARD
Methodist Church, 11th & Downs St., Tuesday, 8 p.m.
Northwest Hope, 802 9th Street, Tues. 8:00 p.m.
Presbyterian Church, 721 Oklahoma Ave. Fri, 8 p.m.

YUKON
Good Shephard United Methodist Church- 10928 SW
15th. Wednesday, 7:00 p.m.

***** This meeting schedule is not to be used as a
mailing list or for any form of solicitation or
commercial venture.
AI-Anon Conference Approved Literature**

(CAL) is available at the A.I.S.office. During times when
the office is closed, phones are answered by voice mail
with a list of Hotline names and phone #s you can call,
including a service member who takes calls in the
middle of the night. **Please report any meeting
changes to the office promptly and let us know how
to get back with you!** Schedules are updated and
printed daily. For information about AI-Anon and
Alateen_meetings outside this area, call 1-888-425-
2666.